



WAHWN Impact Report

April - September 2024

As part of our Multi Year Funding Agreement with Arts Council Wales, we will share the impact of our work, related to our targets, across 6 priority areas. This will be updated every six months.





Self-Assessment – How we are performing 30th September 2024

Financial Health



We are still seeking to confirm earned income to meet our income targets which will be a focus for the next six months.

Operational Health



We are delighted to have achieved Charitable status and are on track, or have exceeded current targets.

Outputs

Creativity

Widening Engagement

Welsh Language

Nurturing Talent

Climate Justice

02

Transformation



Creativity



Output 1.

An annual programme of work, co-created with stakeholders from within the arts and health ecology, which has a value to the arts and health sector, reflected by our growing membership, strategic networks and member feedback.

Outputs:

- Hosted 10 learning Groups with 99 attendees and 80% positive feedback
- 6.3% increase in members, from 856 to 910
- 6 new case studies published to website

Output 2.

Recognising how arts and health/wellbeing affects all citizens in Wales, we will sustain and develop a range of relationships that contribute to the creativity of the arts and health sector.

Outputs:

- 4 x in-person Creative Health Market Places with 148 attendees across arts, health and third sector
- 57 health and third sector professionals attending Market Places
- 65% report increased understanding of creative referral pathways

Output 3.

Creative approaches to health outcomes are represented in policy priorities of statutory bodies and others, informed by wider best practice.

Outputs:

- Directly supported 26 network meeting attendees to respond to Welsh Government Mental Health Strategy
- Draft Mental Health strategy shared across all available events and platforms



Widening Engagement



Output 1.

We will champion cultural democracy in respect of participating individuals/communities in making their own creative decisions as to what counts as culture and how/where it is delivered.

Outputs:

- Pilot 'Stepping In' creative workforce diversity programme delivered
- 4 mentees from diverse backgrounds supported through intensive residential, mentoring and live placements
- 1 x Go and See bursary with global majority background

Output 2.

We will build the aptitude of artists in the arts and health sector to work with participants who have complex considerations around their capacity to engage with arts and culture.

Outputs:

- 2 x Health Impact Assessment training workshops with 30 attendees
- 79% of attendees indicating they will use the HIA framework

Output 3.

To build the confidence and knowledge of health practitioners in Wales to refer to use creativity as a response to medical needs.

Outputs:

- 11% increase in health/third sector WAHWN members
- 67% of health/third sector professionals at Creative Health Market Places report increased knowledge of community creative assets.



Welsh Language



Output 1.

Continually review our own Welsh language effectiveness against our (developing) policy and annual implementation plans

Outputs:

- 100% bilingual social media posts
- 1 x Welsh language practitioner network meeting

Output 2.

Co-create a programme of work with our members that builds the capacity of the arts and health sector to deliver bilingually.

Outputs:

- 2 x Go and See bursaries awarded to Welsh language practitioners

Output 3.

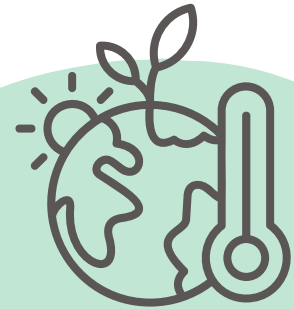
Deliver a programme of work aimed at the general public and healthcare professionals, which will showcase the supply of arts and health activity and its potential impact on health, care and wellbeing outcomes. This is intended to create demand for Welsh-language provision.

Outputs:

- 4 x Welsh language projects shared and highlighted at Creative Health Market Places
- Welsh language Cultural Cwtsh highlighted as part of campaigns and events



Climate Justice



Output 1.

Develop a robust Sustainability Plan and annual implementation plans

Outputs:

- On track to recruit 1 x Trustee with climate/environmental expertise
- National Nature Service & Natural Resources Wales Nature Connectedness network meetings planned

Output 2.

Realise the potential of arts and health activities to link with Wales's outdoor/green spaces and, in doing so, to recognise the added benefits that can be delivered around addressing wider themes of climate justice.

Outputs:

- 2 new creative nature focused resources highlighted

Output 3.

Encourage our network of members to consider their impact on the climate emergency & support them on development their Sustainability Plans

Outputs:

- Building connections with Nature focused academics and research networks



Nurturing Talent



Output 1.

To be a recognised leader in respect of identifying the development needs of artists and arts organisations delivering in the arts and health sector.

Outputs:

- 8 organisations participate in Strategies for Wellbeing training
- 100% positive feedback on training

Output 2.

To enable the development and wellbeing of internal stakeholders (staff, volunteers, freelancers and board members) in line with our commitment to being a learning organisation.

Outputs:

- WAHWN Mutual Support Pledge (values) published
- Identifying research partner to support survey design and analysis

Output 3.

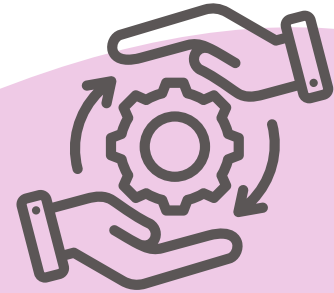
To support the wellbeing of the Welsh practitioner network working in the arts and health ecology.

Outputs:

- 4 Welsh language practitioners supported through reflective practice training with 100% reporting they have wellbeing strategies in place



Transformation



Output 1.

To represent, and maintain the respect of our members (key stakeholders within Wales' Arts and Health ecology), who understand the purpose of the organisation, and the impact that we make.

Outputs:

- Systems and processes in place in collate member data

Output 2.

To be a sector leader in respect of arts and health, supporting the sector to respond responsibly to the present crisis in health and care, and Wales' wider wellbeing commitments.

Outputs:

- Charity status secured in July 2024
- Supported members to respond to Welsh Government Culture Priorities consultation

Output 3.

To reduce the reliance of WAHWN and our members on public funding.

Outputs:

- WAHWN fundraising plan in place to secure UK Trust and Foundation funding
- Funders contributing to 2 x learning groups



Acknowledgements

- Arts Council of Wales
- WAHWN Board of Trustees
- WAHWN Staff and freelancers
- Friends of WAHWN

Contact

info@wahwn.cymru

www.wahwn.cymru

facebook.com/wahwn

instagram.com/wahwn

x.com/wahwn

youtube.com/wahwn

© Wales Arts Health & Well-being Network

WAHWN Limited is a company limited by guarantee and registered Charity.

Company Number: **14111464**

Charity No. **1209241**

Registered Address:

34 Dewing Avenue, Manorbier, Pembrokeshire, SA70 7TS